



A very special program

Nationally recognized and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), Hilltop's residential Life Adjustment Program continues to evolve into a highly modern environment of choice for brain-injured adults. It is the place where clients receive acknowledgement and support as individuals rather than patients. Since 1985, the Life Adjustment Program has met ongoing residential needs and serves those who need assistance with daily activities.



LAP is a Hilltop program. A local non-profit organization, Hilltop provides 25 community-based programs that foster self sufficiency and enrich quality of life. With services ranging from prenatal to senior support, Hilltop serves 13,000 people each year and is dedicated to a healthy community.

HILLTOP OFFERS A BROAD RANGE OF HUMAN SERVICE PROGRAMS

Children's Services

B4 Babies & Beyond, Family First, and Kiddin' Around Learning Center

Youth Services

Get Real, Choices Community School, Hilltop's Experiential Learning Project (HELP), Tandem Families, Camp Kiwanis, Residential Youth Services, Alternative Treatment Unit, and Robert A. Brown Center

Adult Services

Life Adjustment Program for Traumatically Brain-injured, Home Health Care, Latimer House Counseling and Advocacy Center, Tri-County Resource Center, Mesa County Workforce Center Partnership, Professional Services Center, and Hilltop House

Senior Services

The Fountains, The Commons, The Cottages, The Atrium, and The Atrium Casitas

REGIONAL OFFICE

540 South 1st Street
Montrose CO 81401
(970) 252-7445

ADMINISTRATION

1331 Hermosa Avenue
Grand Junction, CO 81506
(970) 242-4400

www.hilltop-co.org

Life Adjustment Program

Residential Services



...giving
brain-injured
adults the
chance to
reclaim
integrity,
wholeness
and
independence.



A Wonderful Community

Exceptional living amenities contribute to a positive quality of life



Hilltop's Life Adjustment Program (LAP) sits on a beautiful, lush 8-acre campus with ample open space offering a multitude of activities and services. Clients enjoy a community room and fitness center that houses exercise equipment and a game room, a full-service gymnasium, adaptive nautilus equipment and locker rooms.

EXCEPTIONAL LIVING AMENITIES

- Comfortable, well designed 1, 2 & 3 bedroom apartments.
- Furnished or unfurnished.
- Kitchenettes – microwave, cupboards, small refrigerator.
- 3 meals a day offered.
- Laundry & housekeeping.
- Medication management.
- Individualized 24-hour care.
- Transportation to and from medical appointments.
- Two bariatric units available.



The individual's continuum of care remains steady at the Life Adjustment Program as goals change, developments occur and personal choices are embraced.

Activities & Choice

Clients select from many activities on a daily basis.



ON-CAMPUS activities provide fun with crafts, bingo and game room, learning opportunities through continuing education classes and the ability to challenge oneself in our fully equipped Gould Fitness Center.

COMMUNITY-BASED activities give participants the opportunity to enjoy local activities such as the Farmers' Market Festival, theater, concerts, sporting events, the Riverfront trail, rafting, fishing and more!

MEANINGFUL WORK activities are designed to meet the interests and capabilities of participants and gives them the opportunity to participate in work related activities on campus, such as gardening, dishwashing, lawn care, and general maintenance.

GOULD FITNESS CENTER is a fully outfitted weight room and gymnasium that encourages participants to reach personal fitness goals through individualized routines or group activities.

"The best thing about the program is the freedom . . . I do whatever I want to do"

– Pat (CLIENT)

Adult Day Services

Designed to create personal choice and opportunity



A day-setting environment designed to create personal choice and opportunity for adults with brain-injuries or related disorders. The program offers on-campus activities, community-based programs, meaningful work opportunities and fitness routines. Individuals may participate in individual activities and/or interact with people who face similar challenges and needs. This socialization is considered a high priority for our clients and remains a focal point for the ever-refining program development.

STAFF

- 1-to-8 client ratio.
- Training in CPR, First Aid, CPI, Medication Administration and Transportation.
- Certified Nurses Assistant oversight.
- Registered Nurses on-call. 24 hours/7days per week.
- Continuing Education.

Life Adjustment Program

Bacon Residential Center
1405 Wellington Avenue
Grand Junction, CO 81501

970-245-3952

www.hilltop-co.org